

# UC DAVIS HEALTH

**Date:** Friday, April 11, 2025

**Time:** 11:30 AM - 12:30 PM

**Location:** Patient Support Service Building (PSSB), Suite G300

**Learning Format:** Live Activity

**Presentation Information:**

- Psychiatry: Grand Rounds
  - Dysregulation in Youth: Associations with Metabolic Risk and Food Insecurity

**Description:**

In the Psychiatry Grand Rounds Series, case presentations are integrated with critical evaluation of evidence-based literature to appraise novel treatment protocols and intervention skills to ensure continuous patient management and outcomes are appropriately enhanced.

**Series Objectives:**

- 1 Integrate case presentations with critical evaluation of evidence-based literature to appraise novel treatment protocols and intervention skills to ensure continuous patient management and outcomes are appropriately enhanced.
- 2 Increase attendees knowledge of sources of bias in research, clinical care, access to health care. Discuss strategies to improve health outcomes across financial, cultural, ethnic, and demographic variables.
- 3 Continue to acknowledge with humility practices in medicine and research that have impacted communities in insidious and biased ways. Work within our field to expand research populations and improve access of care.
- 4 Learn about emerging psychiatric treatments in the area of novel medications, Trans-cranial magnetic stimulation, and psychotherapy.
- 5 Examine evidence for alternate models of personality.
- 6 Explore cultural factors impacting presentations of psychiatric illness.

**Session Objectives:**

- 1 Describe how dysregulation of affect, behavior, and cognition co-occur in youth
- 2 Explain the relations between dysregulation in youth and metabolic regulation
- 3 Describe the relations between dysregulation in youth and household food insecurity

**Accreditation Statement:**

University of California, Davis Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit Designation:**

UC Davis Health designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UC Davis Health designates this live activity for a maximum of 1.00 Participation Hour(s).

**Mitigation Statement:**

University of California, Davis Health Continuing Medical Education adheres to the ACCME Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

**Disclosures:**

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Debra Kahn, MD	Course Director	Nothing to disclose - 03/14/2025
Angela Thurman, PhD	Course Director	Nothing to disclose - 11/01/2024
Robert Althoff, MD	Faculty	Ownership-WISER Systems, LLC - 03/12/2025

**Commercial Support:**

This activity is not commercially supported.