

UC DAVIS HEALTH

Date: Tuesday, April 8, 2025

Time: 12:15 PM - 1:00 PM

Location: Virtual

Learning Format: Live Activity

Presentation Information:

- Lunch and Learn: CPG Speaker Series
 - Decoding The Script Hidden In A Symptom: Holistic Psychiatry And Integrative Medicine

Description:

The goal of the course will be to utilize our specialists to present topics that focus on chronic disease management, population health issues, and social determinants of health. This will be accomplished by case based presentations that will highlight updates in work ups, guideline based therapies, and new treatment recommendations. We will also include speakers that provide guidance on effective teaching strategies in an outpatient setting given the increased number of learners rotating through outpatient clinics.

Series Objectives:

- 1 Review pertinent cultural data in diagnosis and treatment.
- 2 Develop strategies to minimize unintended bias in decision making that may contribute to health care disparities in primary care.
- 3 Review updates, guidelines, and treatment of chronic health conditions for further development of primary care.

Session Objectives:

- 1 List at least 5 dimensions that are assessed and taken into account for recommendations during a psychiatric evaluation in an Integrative medicine clinic.
- 2 List 4 modalities or approaches that encompass the spiritual or existential dimension of the person
- 3 After learning from case examples, list 3 screening questions or prompts that are realistic for you to use in your daily practice to jumpstart each patient's healing journey.

Accreditation Statement:

University of California, Davis Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:

UC Davis Health designates this Live Activity for a maximum of 0.75 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UC Davis Health designates this live activity for a maximum of 0.75 Participation Hour(s).

Mitigation Statement:

University of California, Davis Health Continuing Medical Education adheres to the ACCME Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Katerina Christiansen, MD	Course Director	Nothing to disclose - 02/11/2025
Caroline Giroux, MD	Faculty	Nothing to disclose - 03/10/2025
Anca Knoepfler, MD	Course Director	Nothing to disclose - 02/04/2025

Commercial Support:

This activity is not commercially supported.